



JNAN VIKAS MANDAL'S
Mohanlal Raichand Mehta College of Commerce
Diwali Maa Degree College of Science
Amritlal Raichand Mehta Degree College of Arts
Padmashree (Dr.) R.T. Doshi Degree College of Computer Science
Plot no.9, Sector -19, Airoli, Navi Mumbai

Notice of the Meeting

Date: 30th June, 2023

All the teachers of commerce department are hereby informed that the meeting will be conducted with Principal Dr. Leena Sarkar in Principal Cabin on 1st July, 2023 at 12:00 p.m. about discussion of conducting "Har Ghar Dhyam" Session.

Agenda of the meeting will be as follows: -

1. Finalizing the date of the event
2. Work to be done for arranging the session.

Ujwala Pawar
Asst. Prof. Ujwala Pawar

Head of Department

B.R. Deshpande
Dr. B.R. Deshpande

Vice-Principal

Leena
Dr. (Mrs.) Leena Sarkar

Principal



PRINCIPAL
JNAN VIKAS MANDAL'S
M.R. MEHTA COLLEGE OF COMMERCE
D.M. COLLEGE OF SCIENCE
A.R. MEHTA COLLEGE OF ARTS
Dr. R.T. DOSHI COLLEGE OF COMPUTER SCIENCE
Plot No.9, SEC.- 19, AIROLI,
NAVI MUMBAI-400 708



JNAN VIKAS MANDAL'S
Mohanlal Raichand Mehta College of Commerce
Diwali Maa Degree College of Science
Amritlal Raichand Mehta Degree College of Arts
Padmashree (Dr.) R.T. Doshi Degree College of Computer Science
Plot no.9, Sector -19, Airoli, Navi Mumbai

Minutes of the meeting

3rd July, 2023

For planning the Har Ghar Dhyam session a meeting was held with Principal Madam on 3rd July, 2023 on at 12:00 p.m. in Principal Cabin. The meeting was presided by Principal Dr. Leena Sarkar. In the meeting following points were discussed and decisions were taken:

- Asst. Prof. Swati Choudhari and Asst. Prof. Manohar Dhotre will be organizer of the session.
- Dr. Surekha Verma will be the resource person the session.
- The Session will be conducted in Auditorium on 8th July, 2023 at 10:00 a.m.
- Flyer will be prepared. for the session
- Feedback link will be created for the event.

As there was no matter to discuss further, meeting ended with vote of thanks by the chair person.

1. Dr. Leena Sarkar (Principal) *Leena*
2. Dr. B.R Deshpande (Vice-Principal) *B.R*
3. Ujwala Pawar (HOD -Commerce Dept.) - *Ujwala*
4. Kavita Manoj *Ki*
5. Prema Bardhan *PB*
6. N.K Patil *NK*
7. Shubhangi Deotale *Shu*
8. Dr. Surekha Verma
9. Dr. Kanika Pahwa *Kanika*
10. Swati Choudhari *Swati*
11. Manohar Dhotre *M.D*





JNAN VIKAS MANDAL'S DEGREE COLLEGE

NAAC RE-ACCREDITED 'A' GRADE (CGPA 3.33)

Plot No. 9, Sector-19, Airoli Navi Mumbai

Name of the Event : - Har Ghar Dhyam

Date : - Saturday, 8th July, 2023

Objectives : - Enhancing and protecting the mental health of Indian citizens from all walks of life.

Resource Person of the workshop: - Dr. Surekha Verma (8097747192)

Total Students attended the workshop: - 145

Venue : - Auditorium

Flyer of the Event : -

THE ART OF LIVING

JNAN VIKAS MANDAL'S DEGREE COLLEGE
NAAC RE-ACCREDITED 'A' GRADE (CGPA 3.33)
Plot No. 9, Sector-19, Airoli Navi Mumbai

75 Azadi Ka Amrit Mahotsav

Commerce Department
Organises

HAR GHAR DHYAN
Date: 8th July 2023 at 10 a.m.
Venue: Auditorium

Resource Person
Dr. Surekha Verma
Meditation Instructor, Art of Living

Organizing committee
Mrs. Swati Choudhari
Mr. Manohar Dhotre

Mrs. Ujwala Pawar
HOD Commerce

Dr. B.R. Deshpande
Vice Principal

Dr. (Mrs.) Leena Sarkar
Principal



Notice: [WhatsApp]: -

Dear Students and faculty...

Let us soak in joyful spiritand uplift the vibration of our environment...

JVM's Mehta's

Dept. of Commerce

Organizes

Har Ghar Dhyam□

□♀□ Har Ghar Dhyam is a joint initiative of the Ministry of Culture, Government of India and The Art of Living, under the Azadi Ka Amrit Mahotsav .., with the objective of enhancing and protecting mental health of Indian citizens from all walks of life.

Dhyam or Meditation can lead one to *...

1 Improved Concentration*

2 Joyful Disposition

3 Clarity of Mind

4 Purity of heart

5 Sincerity in Action

Let us avail of this wonderful opportunity, clear our aura and get an e- certificate
□♀□□♂□after the session...□

Date: July 8, 2023

Venue: Auditorium

Time: 10:00 a.m.

...

The organizing Committee

(Prof Swati Choudhari & Manohar Dhotre)

Wishes all happy meditating....

HOD

Prof. Ujwala Pawar

Vice Principal

Dr. B.R.Deshpande

Principal

Dr. Leena Sarkar

PRINCIPAL

JNAN VIKAS MANDAL'S

M.R. MEHTA COLLEGE OF COMMERCE

D.M. COLLEGE OF SCIENCE

A.R. MEHTA COLLEGE OF ARTS

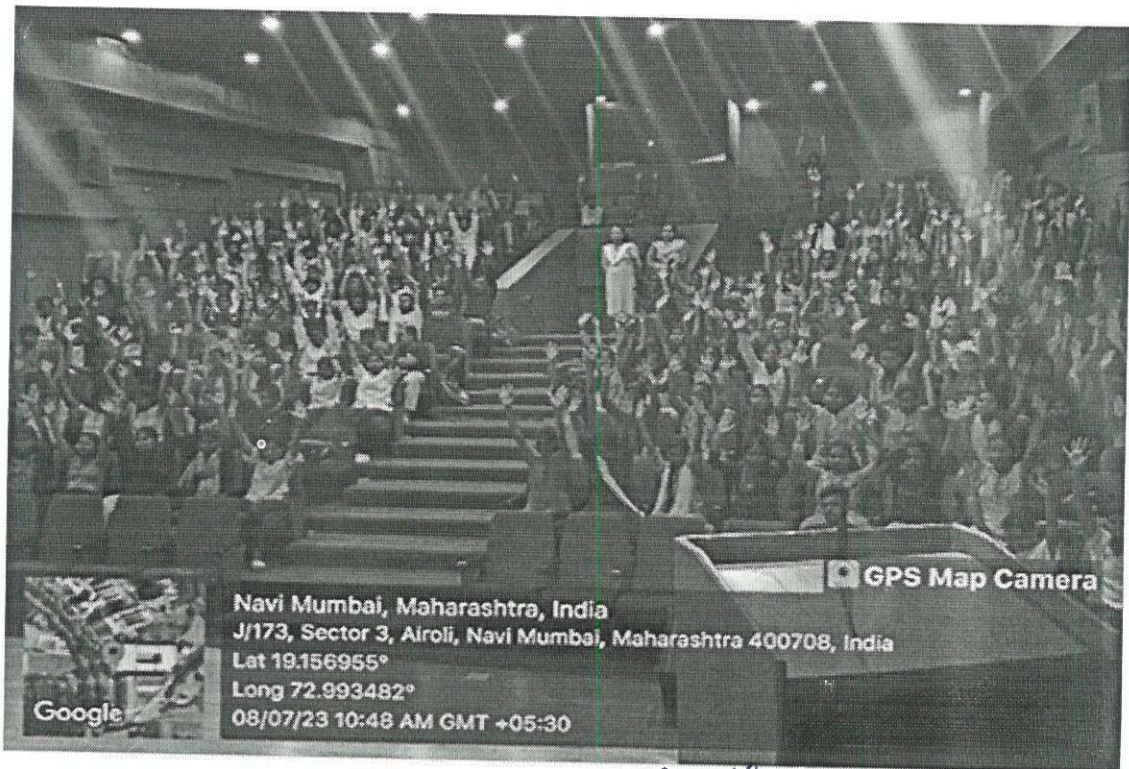
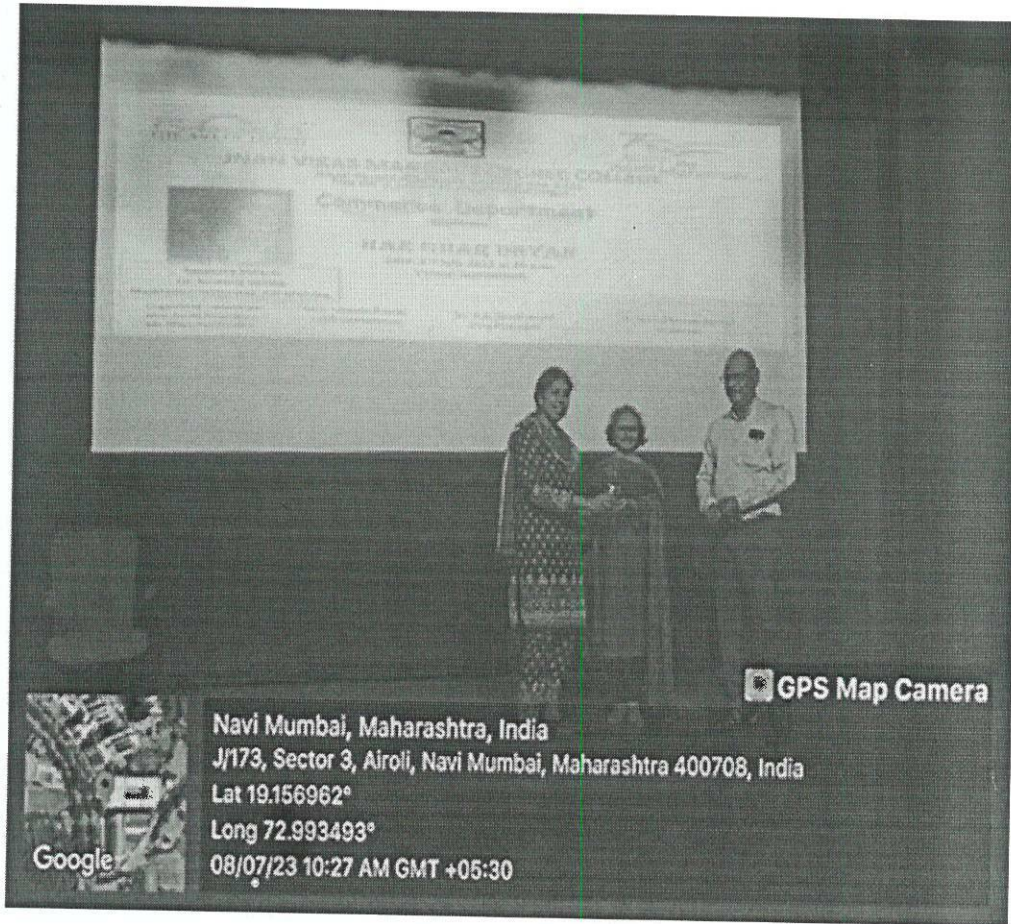
Dr. R.T. DOSHI COLLEGE OF COMPUTER SCIENCE

Plot No.8, SEC.- 19, AIROLI,

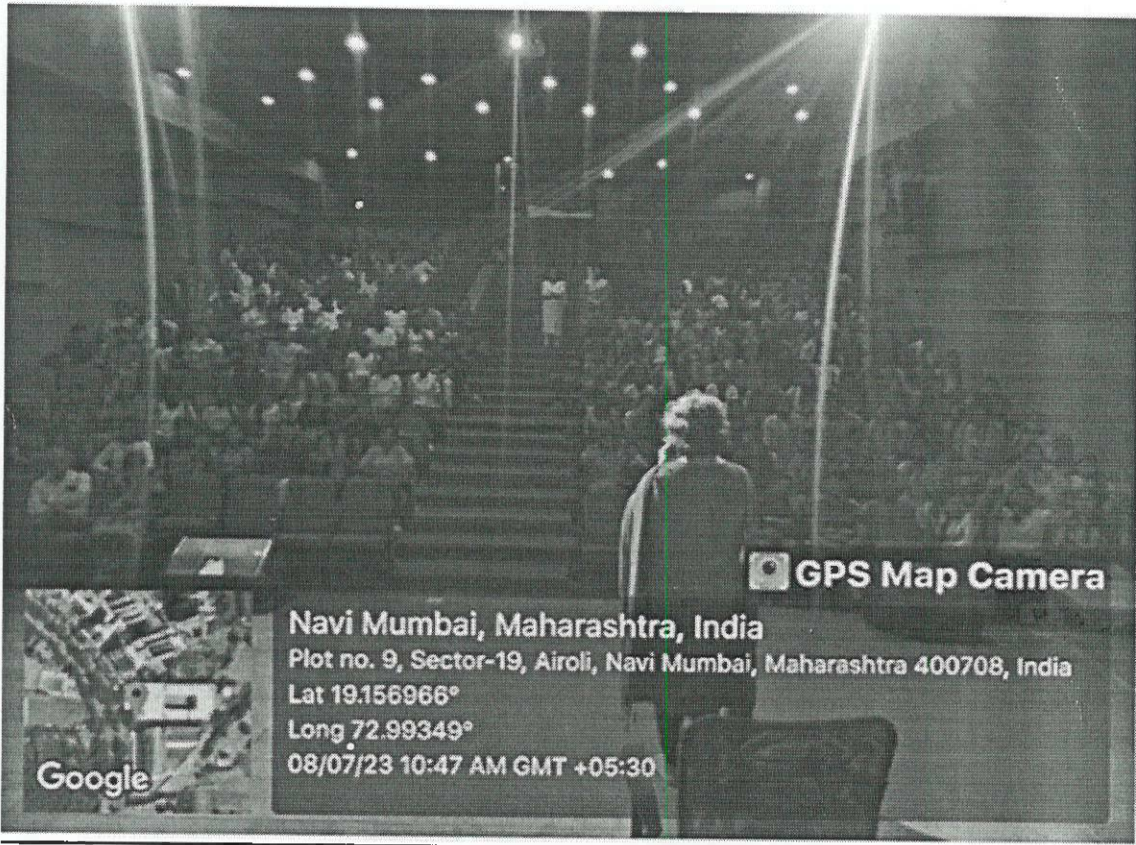
NAVI MUMBAI-400 708.



Photos of the workshop: -



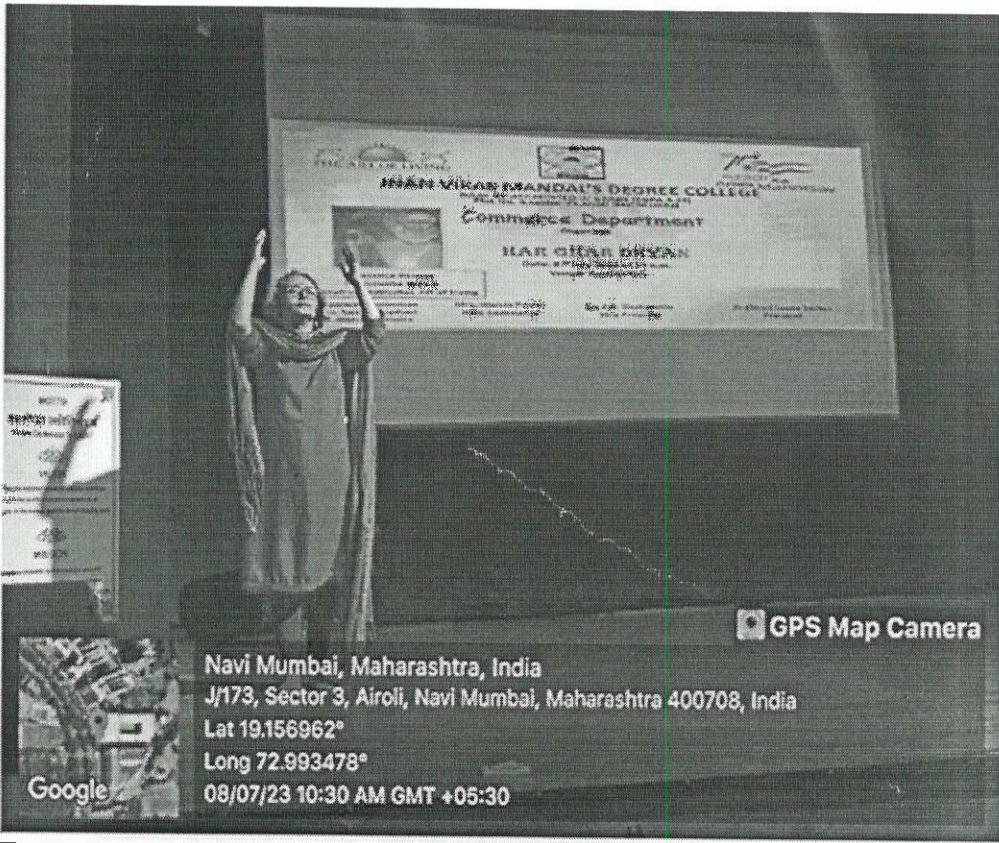
Keena



GPS Map Camera

Navi Mumbai, Maharashtra, India
Plot no. 9, Sector-19, Airoli, Navi Mumbai, Maharashtra 400708, India
Lat 19.156966°
Long 72.99349°
08/07/23 10:47 AM GMT +05:30

Google



GPS Map Camera

Navi Mumbai, Maharashtra, India
J/173, Sector 3, Airoli, Navi Mumbai, Maharashtra 400708, India
Lat 19.156962°
Long 72.993478°
08/07/23 10:30 AM GMT +05:30

Google



List of the students attended the workshop: -

Name of Participant	Class and Div.	Roll No.	Contact No.	Email Address
Sonar swati santosh	SY B. Com B	4292	8169249255	swatisonar132@gmail.com
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Bhosale Yash Sanjay	SY B. Com A	4014	9529800829	yashbhosale246@gmail.com
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Patil Jyoti Subhash	SY B. Com C	4443	9356253732	jjyotipatil20004@gmail.com
Ratnesh	SY B. Com B	4456	9594237074	ratneshsingh12300@gmail.com
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Prabhes yadav	SY B. Com C	4481	6386993408	prabhesyadav279@gmail.com
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mohite indrajeet suresh	SY B. Com C	4475	8928865782	mohiteprasad348@gmail.com
Yadav Anamika Nandlal	SY B. Com C	4403	8108909918	ay1091518@gmail.com
Yadav Anamika Nandlal	SY B. Com C	4403	8108909918	ay1091518@gmail.com
Kamble Arpita Mangesh	SY B. Com A	4096	9137652872	arpitakamble759@gmail.com
Jadhav Sanika Anil	SY B. Com A	4075	9930403386	sanikaaj215@gmail.com
Khushboo varma	SY B. Com B	4309	8795164174	khushboovarva78@gmail.com
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Jaiswal Karan prahlad	SY B. Com A	4080	8097010450	kj050375@gmail.com
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Khan Soheli Abdul Halim	SY B. Com A	4111	8356843847	sohelkhan9726@gmail.com
Yadav samiksha dinkar	SY B. Com C	4408	9136512066	yadavsamiksha782@gmail.com
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Siddiki najiya azad	SY B. Com B	4287	8454851653	najiyasiddiqui50@gmail.com
Anerao Rahul Rajesh	SY B. Com A	4469	9372667538	rahulanerao302@gmail.com
Rajbhar pradum ambika	TY B. Com A	5055	9892273087	pradum9892273087@gmail.com
Khismatrao aarti ganesh	SY B. Com A	4112	9321515478	aartikhismatrao15@gmail.com



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Jadhav Yash Dilip	TY B. Com B	5432	8657663594	yashdjadhav06@gmail.com
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JNAN VIKAS MANDAL'S DEGREE COLLEGE

NAAC RE-ACCREDITED 'A' GRADE (CGPA 3.33)

Plot No. 9, Sector-19, Airoli Navi Mumbai

Activity Report of Har Ghar Dhyan

A Session on Har Ghar Dhyan was organized on 8th July, 2023 at 10.00 am in the auditorium of J.V.M's Mehta Degree College. It was informed that Asst. Prof. Swati Choudhari and Asst. Prof. Manohar Dhotre will be the Organiser of the event. The work has been done as follow:

- Flyer designing
- Creation of What's App Message
- Coordinating With Expert
- Creation of Feedback form
- Coordinating the Event
- Reporting of Event

The session commenced with the Inaugural Session. Dr. Surekha Verma who was the resource person for the session. The resource person for the session was Dr. Surekha Verma. Har Ghar Dhyan is a joint initiative of the Ministry of Culture, Government of India and The Art of Living, under the Azadi Ka Amrit Mahotsav, with the objective of enhancing and protecting mental health of Indian citizens from all walks of life. The main objective of the session was to enhance and protect mental health of students from all walks of life by adopting simple and easy-to-practice meditation for an overall wellbeing. After the end of the session students were awarded with E-certificates from the Central Government. Overall, the session was knowledgeable & interesting.

Asst. Prof. Swati Choudhari

Asst. Prof. Manohar Dhotre

Organiser of the Event

Ujwala Pawar
Asst. Prof. Ujwala Pawar

HOD of the Dept.

B.R. Deshpande
Dr. B.R. Deshpande

Vice-Principal

Leena
Dr. Leena Sarkar

Principal
PRINCIPAL

JNAN VIKAS MANDAL'S
M.R. MEHTA COLLEGE OF COMMERCE
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